

**R TIME IN SUPPORT OF PRIMARY SEAL, BEHAVIOUR
AND ANTI-BULLYING**



Wednesday 1st July 2009

9.00 am - 4.00 pm

Novotel, Cardiff Centre



COURSE LEADER (S): GREG SAMPSON, R TIME ORIGINATOR
PETE HARVEY, AUTHOR AND R TIME CONSULTANT
RACHEL BEDDOE, CARDIFF ANTI-BULLYING TEAM/
R TIME TRAINER
NIKKI WATSON, CARDIFF ANTI-BULLYING TEAM/
R TIME TRAINER

TARGET AUDIENCE:

This course is designed for Primary based school staff.

THE OBJECTIVES/LEARNING OUTCOMES FOR THIS COURSE WILL BE:

- To provide an insight into the philosophy behind R time, and a comprehensive overview of the practice of running the R time programme. On completion delegates will have enough information to implement R time in their class, school or group.
- To provide new strategies for improving behaviour.

COURSE CONTENT:

- History of R time
- Demonstration of an R time session
- Implementing R time in your school or setting
- R time and its relationship to SEAL/PSHE
- R time in practice in Cardiff schools
- New strategies for managing behaviour



LUNCH IS PROVIDED

COST £100 per delegate, plus VAT (Cost to include a free copy of Simply Behave by Greg Sampson)

Applications should be made using the form on Page 3 and sent to R time Ltd. at the

free post address on the back of leaflet

TEL/FAX: 024 7665 9393

MOBILE: 07946 333321

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Freepost plus RLXL-AZKB-KLBU
R time Ltd
55 Garth Crescent,
Binley,
COVENTRY,
CV3 2PP

A full day introduction to R time, SEAL and Behaviour Management from Cardiff Against Bullying, in partnership with R time.

Would you like to help the pupils at your school to develop positive relationships and mutual respect?

Would you like to significantly reduce the incidences of bullying?

Would you like your whole class to develop their social, emotional and behavioural skills, show courtesy and display good manners to you and each other?

The timetable for the day is as follows:

9.30 - 10.15 All together	10.15 - 11.15 All together	11.15 - 11.45	12.00 - 1.00 All together	1.00 - 2.00	2.00 - 3.15 Choice of workshops	3.15 - 4.00
Keynote speech Greg Sampson	R time workshop Nikki Watson and Rachel Beddoe	Coffee	SEAL workshop Greg Sampson	Lunch	Simply Behave (Improving Behaviour) - Greg Sampson R time in practice in Cardiff schools - Nikki Watson and Rachel Beddoe	Tea, mingle, questions.



R educes bullying and raises standards
T ackles inappropriate behaviour
I mproves relationships
M aximises potential and provides an
E xciting and enjoyable experience



Booking Form - *Deadline for application Monday 1st June*

Date and Venue of R time conference	Wednesday 1st July at Novotel, Cardiff Centre
Name(s)	
Address for invoice, confirmation and further details.	
Contact Telephone number	
Email	
Special Dietary Requirements	

All delegates will take part in the first two workshops below.

Please choose between the remaining two workshops by putting 1 or 2 in the boxes.

- All R time
- All Primary SEAL
- Improving Behaviour
- R time in practice in Cardiff schools

Please tear off and return the completed form above. Photocopy the freepost address overleaf and attach to the front of your envelope.

Delegates will receive confirmation of their places and further information, including location map and workshop details.

Invoices for conference fees will be sent upon receipt of the application form.

